

Children's Guide

Age 0 to 5 years



family
works
fostering

This book is to help you if you have just moved to a new home.

You will be staying with some new people for a while called foster carers.

What are the names of the new people who will be looking after you?



and



Your new foster carers will work very hard to make sure you are well looked after.

What do you like to eat?

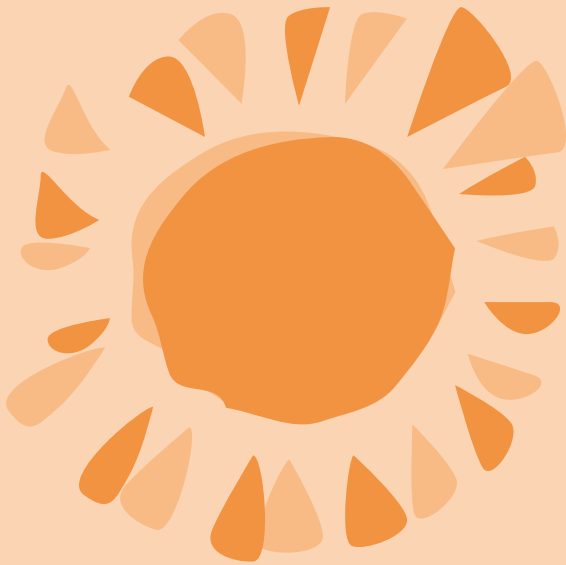
What do you do for fun?

What are your favourite things?



Your day

Your foster carer will help you get up in the morning and get ready for the day.



They will do things with you during the day.



They will help you get ready for bed and get a good night's sleep.

Your family

You can talk to your foster carer about your family.

We will try to help you stay in touch with your family.

Can you draw a picture of your family?

A large, empty white rectangular area with rounded corners, intended for a child to draw a picture of their family. It occupies the lower half of the page.

How you feel

You can talk to your foster carer when you are happy or sad



When you are angry or upset



Some adults may make you feel bad, upset or hurt.
If an adult touches you where you do not want to be touched, you can tell us.
Tell someone you feel safe with, your foster carer or teacher

No one should call you names, shout or be unkind about what you look like.
Tell your foster carer if you are upset about anything someone says to you.

Pocket Money

Your foster carer will give you some money each week, so that you can spend it on what you want.





Your carer may put your money in a bank so that you can save to buy something special.

We want you to be happy!

So remember, come and tell us if you are upset or not happy about anything.... Tell us or your social worker and other people listed below:

Foster Carer:

Complaints officer for Family Works Fostering

Write to:

The Complaints Officer
Family Works Fostering
Suite 19-20, Business Centre
8 Madeira Avenue
Leigh- on-Sea
Essex
SS9 3EB

Telephone: 01702597797

Social Worker:

Supervising Social Worker: 01702597797

Voice of the Child/Independent Advocate:

0808 800 5792

Your Independent Review Officer:

Children's Commissioner for England

Sanctuary Buildings

20 Great Smith Street

London

SW1P 3BT

Telephone: 020 7783 8330

Website: www.childrenscommissioner.gov.uk

Ofsted

By post:

Ofsted

Piccadilly Gate

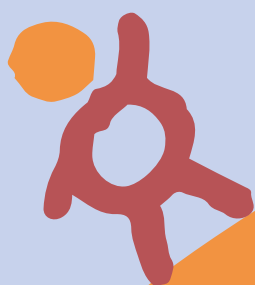
Store Street

Manchester

M1 2WD

Telephone: 0300 123 1231

Email: enquiries@ofsted.gov.uk



We are here to help you

Foster Carer name and signature:



Parent name & signature



Date:

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