

CHILDRENS GUIDE



Age 6-10 years

Our vision as a fostering agency is to provide a safe, stable, caring and nurturing environment which exceeds required standards in meeting the needs of all children and young people placed with our foster carers, enabling them to realise their potential and to enhance their life opportunities.

We at Family Works Fostering believes that every child / young person has the right to have the same opportunities and life chances as other child / young person in an environment that is adequate, supportive and safe in enabling every child to reach their full potential, through empowering them to take control of their lives in a positive manner.

Hey, how are you feeling?

How old are you?

Are you living in a new home?

We are here to help you as foster carers

You can talk to your family when you are happy or sad



Happy



Sad

When you are angry or upset



WHAT FAMILY WORKS FOSTERING DOES

Family Works Fostering helps to make a caring place for all children from all backgrounds.

Your new foster carers will make sure you eat...

What are your favourite foods?

1.....

2.....

3.....

Have fun...

What activities do you like?

1.....

2.....

3.....

And make sure all your needs are met.

What about all my activities, I want to do my sports?



Your carers will help you to do the things you enjoy

They will help you at school

What time do you start school?

What time do you finish?

We will take you to school, pick you up and help you with your homework

Bullying



Bullying can happen anywhere and it can happen to someone who is in a foster placement.

It is important that you tell your teacher, social worker or us if you feel unsafe or bullied at any time

We are here to make you feel safe

Some adults may make you feel bad

They may:

- Kick, beat or punch you
- Say unkind words to you
- Leave you at home alone or not give you enough to eat
- Touch or kiss you in a way that makes you feel worried or unhappy, perhaps pretending it's a game or a secret.

Tell someone you trust, your foster carer, social worker, teacher, a friend or someone at FWF.

If you go out you need to inform your carers

Your Health

Your foster carer will make sure that you go to the local doctor, dentist and optician and make sure that you have your check-ups.

If you don't feel well or if you want to ask something about your health please speak to your foster carer straight away



Equal Opportunities

All people have a right to be treated as an individual

We will make sure that your culture, religion, food, music and dress will be respected and supported

Family Contact

We will try to help you stay in touch with your family if possible

You can make telephone calls to your social worker, or family. Please make sure that you ask your foster carer before you make any phone calls.



We will help you call your family and have your friends visit
Respect

Carers will always speak to you with respect and it is important that you speak to your carers in the same way

Bed Times

Your bed time will be arranged with your carer.

Approximate times are:

Ages 6 - 7: 7.30 pm.

Ages 8 - 9: 8.00 pm.

Age 10: 8.30 pm.



Pocket Monies

Everyone is entitled to pocket money



AGE RANGE	Pocket MONEY (Allocated weekly)	SAVINGS (Reserved Weekly)	LUNCH MONEY (Allocated Daily-school/ college term time only)	CLOTHING (Allocated Weekly)	PERSONAL NEEDS/ ACTIVITIES - Phone top up, toiletries movies, leisure centres, theme parks etc	BIRTHDAYS (Allocated Annually)	FESTIVALS (Allocated Annually)
0-5 years	£0.00	£10.00	£0.00	£12.90	£10.00	£65.00	£70.00
6-10 years	£5.00	£10.00	£3.00	£12.90	£10.00	£65.00	£70.00
11-14 years	£8.50	£10.00	£3.00	£15.50	£10.00	£65.00	£70.00
15-18 years	£14.00	£10.00	£3.00	£18.00	£10.00	£65.00	£70.00

You will get £10 a week to spend on what you want, activities/ movies/ leisure.

Who Can I Complain To?

If you are upset or someone makes you feel frightened or shouts at you, tell us or your social worker and other people listed below

- Complaints officer for Family Works Fostering:

Write to:

The Complaints Officer
 Family Works Fostering
 Suite 18, Business Centre
 8 Madeira Avenue
 Leigh-on-Sea
 Essex
 SS9 3EB

Telephone: 01702597797

- Foster Carer:

- Social Worker:

- Supervising Social Worker:
- Voice of the Child/Independent Advocate: 0808 800 5792
- Your Independent Review Officer:

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- Write to:
Children's Commissioner for England
Sanctuary Buildings
20 Great Smith Street
London
SW1P 3BT
Telephone: 020 7783 8330
Website: www.childrenscommissioner.gov.uk
- Ofsted:
By post: Ofsted
Piccadilly Gate
Store Street
Manchester
M1 2WD
By Telephone: 0300 123 1231
By email: enquiries@ofsted.gov.uk

We are here to help you

Now we are going to ask you and your foster carer to sign.

When you sign this page it means that you understand what this booklet says.

You will be given a copy of this booklet. Keep it in a safe place and read it if any problems come up that it can help you with.

Foster Carer name and signature: _____

Child's signature: _____

Date: _____